

# QUALITY PADEL CAMP

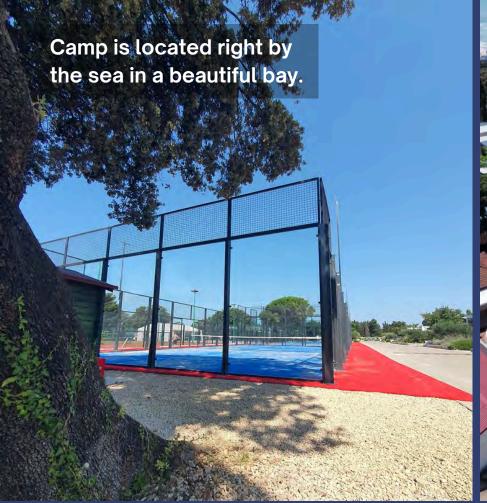
Quality Padel Camp operates in collaboration with Albert Viñas and German Perea, two distinguished coaches and trainers in the world of padel in Catalonia, Spain.

SEPTEMBER 16 - 29, 2024













It spreads on 57ha of Dalmatian oak and olive trees which makes it one of the biggest and leading camps on the Adriatic and in Croatia.



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## OUR COACHES

## **ALBERT VIÑAS**

For more than 12 years, he has been dedicated to padel, starting as a recognized and skilled player while simultaneously focusing on training and developing future padel players.

For over 6 years, he has run his own padel academy and is also the founder of Quality Padel Academy, an international padel academy dedicated to the global expansion of this beautiful sport.

Last year, he trained Anna Cortiles, a professional padel player, on several occasions before her departure to the USA.

Competitively, Albert Viñas has always been in the top category in Catalonia, reaching his best ranking at number 32 and number 2 in his region, Tarragona.

He has trained and benefited from the advice of Juan Alday, the current coach of many professional players.

His unwavering dedication to the sport continues to inspire and elevate the padel community worldwide.



## OUR COACHES

## **GERMÁN PEREA**

He is currently the director and coach of the Pàdel Cambrils Academy, a padel school in Tarragona that is recognized at national and international level, and many of its players are among the top 50 in Catalonia.

With 14 years of experience in padel as a player and 7 years as a coach, he has worked with groups from Estonia, Denmark, France and Russia, demonstrating his ability to adapt to different cultures and languages (Spanish/English).

He participates in the "Quality Pádel Academy" project, aimed at training future coaches, contributing to raising the standards of padel teaching.

His dedication and innovative approach continue to inspire players and coaches to reach their full potential.



## PROGRAMME 2024.



16 SEP - 20 SEP

**1ST TRAINING CAMP** 

#### **1ST TRAINING CAMP**

Stars on Monday, 16 Sep at 4:00 PM. Dinner at 9:00 PM. Ends on Friday, 20 Sep with morning training. Lunch at 1:00 PM.

20 SEP - 22 SEP

HPS TOURNAMENT 1ST RANG (SENIORS)

22 SEP - 26 SEP

2ND TRAINING CAMP

#### 2ND TRAINING CAMP

Starts on Sunday, 22 Sep at 4:00 PM. Dinner at 9:00 PM.

Ends on Thursday, 26 Sep with morning training. Lunch at 1:00 PM.

27 SEP - 29 SEP

**HPS TOURNAMENT (VETERANS)** 

## **TRAINING PLAN**



Maximum 36 athletes.

All athletes will be divided into maximum 3 groups.

There will be up to 12 athletes in each group.

#### 1. GROUP

- 7:30 AM = muscular activation
- 8:00 AM 9:30 AM = padel training
- 4:00 PM 5:30 PM = padel training

### 2. GROUP

- 9:00 AM = muscular activation
- 9:30 AM 11:00 AM = padel training
- 5:30 PM 7:00 PM = padel training

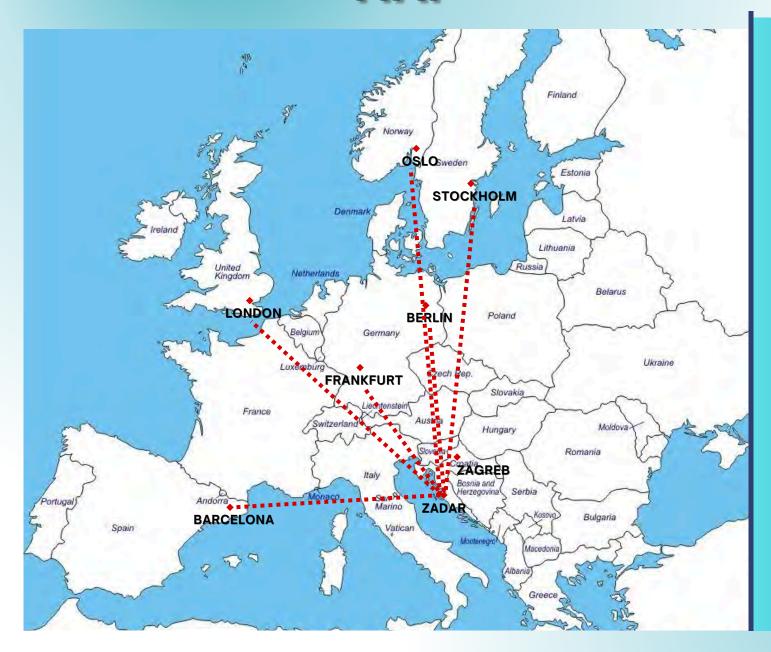
#### 3. GROUP

- 10:30 AM = muscular activation
- 11:00 AM 12:30 PM = padel training
- 7:00 PM 8:30 PM = padel training

Breakfast at 7:00 AM Lunch at 1:00 PM Dinner at 9:00 PM

## QUALITY PADEL CAMP MAP





## FLIGHTS TO ZADAR AIRPORT:

London (cca 2h 20 min)

Frankfurt (cca 1h 40 min)

Stockholm (cca 2h 30 min)

Berlin (cca 1h 40 min)

Barcelona (connection flight)

Oslo (connection flight)

From Zadar Airport to Camp Straško is about cca 1h i 30 min by car or bus.

# ARE YOU READY?

- 5 days / 4 nights
- all included
- trainings are included
- 2 players in one mobile home\*

Please contact us for more information about reservation or price.

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